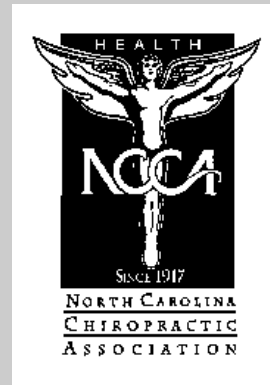


Your Comfort Is Everything

WORLDWIDE ADJUSTABLE BED CENTER

Pain Relief Report

- Poor Leg Circulation
- Sore, Tired Muscles
- Respiratory Problems
- Reflux
- Allergies
- Arthritis
- Hiatal Hernia
- Edema
- Lower Back



Worldwide Adjustable Bed Center
Offering the best prices on the best adjustable beds.

www.4-BED.com

Call or Fax Toll Free
1-800-823-4233
Fax: 1-877-275-2788





Your Comfort Is Everything.

BACK PAIN. Our **Adjusta-Magic™** adjustable beds can do for your back what no other bed can do:

LOWER BACK. A position that is recommended as actual therapy for your back is: *with your legs elevated, knees bent and your back completely flat.* This position creates a pelvic tilt, puts reverse pressure on your lower back and helps build the strength of your lower back muscles. *By elevating your legs and bending your knees you can actually feel your lower back moving.* You can realign the weights and pressures on your vertebrae that may in turn be pressing on your delicate nerves, finding more comfortable and less stressful positions. **MANY SELF HELP MANUALS WILL ADVISE YOU TO ELEVATE YOUR LEGS WITH A PILLOW, OR TO BEND YOUR KNEES TO RELIEVE THE STRESS ON YOUR LOWER BACK.**

FETAL POSITION. With our Adjusta-Magic bed, *you can elevate your back and legs into a fetal position with your knees bent and your upper body gently curled into them.* This position releases your lower back into the mattress, forcing you to relax and ease your everyday tension. **EVERY TIME YOU ELEVATE YOUR BACK AND YOUR LEGS YOU ARE IN A FETAL POSITION.**

UPPER BACK. *The higher your back, the less pressure is put on your upper back, neck and shoulders.* **THROW AWAY CUMBERSOME PILLOWS.**

OVER 1,001 POSITIONS. Every time you elevate your back or legs, you are gently realigning your vertebrae and changing the pressure they exert on your delicate nerves that can cause pain. Sometimes an inch in either direction can **RELIEVE THE STRAIN THAT CREATES THE PAIN.**

STRETCH-BACK EXERCISE. As we get older, each vertebra eventually shrinks 1/8" and the space between each vertebra becomes less elastic. As we stand and walk, our vertebrae are forced still closer. If you have chronic back pain, you probably wished for traction, which is what the stretch-back exercise feels similar to: *start flat, and together elevate both your back and legs--all the way up--and then all the way down.* You'll feel a complete, relaxing stretch between your tail bone to your cervical bones. You'll feel a gentle pull between each vertebra. Do each evening before you go to sleep. **FEELS GREAT!**

RELAXATION, EXHAUSTION. You don't have to have a circulatory problem to wish to elevate your legs when you have been on your feet all day. *First contour your body; then elevate your legs all the way.* This is the most comfortable and relaxing position you'll ever find. Turn on the massage for that extra relaxation plus.

YOUR COMFORT IS EVERYTHING. Over 8 mattress types, styles and dual comfort choices are available to insure your comfort for years to come.



Your Comfort Is Everything.

A **dj** **u** **s** **t** **a** **-** **M** **a** **g** **i** **c**™ offers unlimited variable positions of the head and foot sections for ideal pain relief or relaxation.

ARTHRITIS. Relieve the strain and the stress from your neck, shoulders, middle back, lower back and hips by merely pressing a button to change your body's position. There is no cure for arthritis, but sometimes COMFORT IS THE BEST REMEDY. Every inch lower and higher redistributes weight and pressure on different muscles, nerves and bones of your body. SIMPLY STOP WHERE YOU ARE MOST COMFORTABLE.

BREATHING. The higher your back, the less pressure is put on your ribs. This gives your lungs more room, making breathing easier. A NECESSARY LUXURY FOR THOSE HAVING DIFFICULTY BREATHING.

CIRCULATION. Our Adjusta-Magic™ adjustable beds allow gravity to aid your circulation when you elevate your legs above your heart. This is specifically recommended for varicose veins, swelling of the legs and muscle cramps. Varicose vein sufferers are advised to elevate their legs above their heart levels to allow gravity to assist rather than fight the venous flow back to the heart. FEELS GOOD TOO!

COMFORT. Our Adjusta-Magic™ adjustable beds are designed to bring you the ultimate in comfort by adjusting to almost any position you desire, making the one-third of your life you spend in bed more comfortable. Our Adjusta-Magic™ adjustable bed is simply the most comfortable investment you will make. You are the designer. You can electrically elevate your back and your legs to over 1,001 positions at the simple touch of your finger. Whether for health, sleep, relaxing, watching television, reading or pure comfort, Adjusta-Magic™ owners would never sleep on anything else. Our Adjusta-Magic™ adjustable bed will clearly provide you with more comfort, therapy and rest, at an average amortized cost of less than 10¢ per day!

SORE MUSCLES. Use the Adjusta-Magic™ massager to relax sore, tired or stressed muscles. You deserve to create your own oasis of comfort at home.

HIATAL HERNIA. With our Adjusta-Magic™ bed, *simply elevate your back* and sleep comfortably all night long.

HEART. Elevating your back allows gravity to assist your heart muscle.

HIPS. On a flat bed, your body weight is always heavily concentrated on your hips. When you elevate both your back and legs a minimum of 4" on our Adjusta-Magic™ your whole body weight is being evenly supported, taking most of the pressure off your hips.



Your Comfort Is Everything.

Shipping Worldwide.

We ship adjustable beds and adjustable mattresses to most anywhere. In addition to shipping to our customers in the United States, we have shipped to Canada, Mexico, South America, Russia, and destinations in Asia. We can ship complete adjustable beds with mattresses or just adjustable bed bases or just the mattresses. Adjustable beds can also be manufactured to your country's specific electrical requirements.

GETTING OUT OF BED. The only problem with our Adjusta-Magic™ adjustable bed is that people don't want to get out of bed in the morning. May we recommend "forcing yourself out of bed:" *simply elevate your back to an almost sitting position.* You'll find getting out of bed extremely easy, without pressure and strain on your lower back. Optional chrome plated safety side rails available.

SLEEPING. A lot of people take a good night's sleep for granted, but if you don't get a good night's sleep, you don't feel good the next day. Research shows that one out of two people who sleep on our Adjusta-Magic™ sleep in a contour position: with both their legs and back elevated a bit. In a contour position, your whole body weight gets evenly supported, the pressure is taken off your lower back, circulation for your legs is eased, and most important, you can sleep comfortably all night without tossing and turning over 50 times a night.

BUILT-IN MASSAGE. The finest and most reliable circular motion massage. The actual motor goes in revolutions. Circular Motion Massage provides a soothing, gentle and relaxing circular motion over the entire area of the bed. Up to 2 massagers + Wave Function are available for an improved sleep thorough massage action.

WORLDWIDE ADJUSTABLE BED CENTER. A good night's sleep is something everyone deserves. Let our experienced sales associates show you an adjustable sleep system suited for your comfort. We supply various government agencies, insurance companies, corporations, stores and sell directly to the public; in fact we sell more because we're designated as the Worldwide Adjustable Bed Center in the furniture capital of the world.

WHOLESALE TO THE PUBLIC. Cut out the middleman and pocket the savings. The savings are incredible; for instance, a telemarketing firm would charge \$6,000 – \$7,000 for what we charge on average \$1,900 – \$2,999! We have a wide selection and models start at \$599. All models are covered by Leggett & Platt's 20 Year Limited Warranty, our Posturific brand mattress has a One Year Comfort Satisfaction, Lifetime Mattress Labor Warranty and 20 Year Ltd. Mattress Warranties.



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